



A MINISTRY SCHOOL OF THE ANGLICAN DIOCESE OF THE UPPER MIDWEST

Introduction to Deliverance Ministry

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“...deliver us from evil.” Mt. 6:13

“As for the word that he sent to Israel, preaching good news of peace through Jesus Christ (he is Lord of all), ³⁷ you yourselves know what happened throughout all Judea, beginning from Galilee after the baptism that John proclaimed: ³⁸ how God anointed Jesus of Nazareth with the Holy Spirit and with power. He went about doing good and healing all who were oppressed by the devil, for God was with him....” Acts 10:36ff.

I. Spiritual Battle and Warfare

i. It is Real

- a. Sometimes we experience it as pushback against our ministry, a hindrance.
- b. Sometimes we experience the work of the demonic against those to whom we are ministering.
- c. Purpose for today: equipping with knowledge
 - i. Do I have authority to expel demons????!?!???! ☹



ii. Basic Knowledge

- a. Whence Satan?
 - i. Ezekiel 28 and Isaiah 14

- b. Whence demons?
 - i. Fallen Angels or spirits of the Nephilim

- c. Orders of demons:
 - i. lesser ones named after vices (lust, fear, pride, hatred, resentment, jealousy, etc.)
 - ii. stronger ones biblical names (Belial, Baal, Ashtoreth, Abaddon, etc.);
 - iii. stronger ones push forward the lesser; or sometimes the lesser won't go till the stronger is cast out

iii. Beginning To Diagnose

- a. Entry Points (Neil Anderson's Steps to Freedom In Christ)
 - i. Non-Christian Spirituality

 - ii. Being under deception (truth/falsehood, and the lies of the Devil)

 - iii. Unforgiveness

 - iv. Rebellion against human authority

 - v. Pride over against God and other people

 - vi. Bondage to habitual sin

 - vii. Generational curses/sins



b. Types of Attack
i. Oppression

ii. Obsession

iii. Possession

iv. Haunting

v. Curses

iv. Our Response: Deliverance Ministry

- a. Deliverance Team
b. ABCs of what to do (Francis MacNutt, Healing)
i. Protection

ii. Bind any demons

- iii. Identify the demon(s)
1. The person receiving knows
2. A person praying has the gift of discernment
3. The minister commands the demons to identify themselves

iv. Repentance and renouncing any sin connected to the type of demon it is

v. Invite the person to expel the demon



- vi. If they are unable, the minister prays for deliverance:
“In the Name of Jesus Christ I command you, spirit of _____ to depart without harming [name] or anyone else in this house, or anywhere else, without creating noise or disturbance, and I send you straight to Jesus that He might dispose of you as He will.”
- vii. Deliverance is achieved, pray for protection again, and infilling with the Holy Spirit

v. Miscellaneous and Other Considerations



II. Exorcism For Dummies

Three simple ways to pray with people who suffer demonic oppression

Adapted from Dcn. Valerie McIntyre

Mark 6:7-13: And he called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. ⁸He charged them to take nothing for their journey except a staff ...¹²So they went out and proclaimed that people should repent. ¹³And they cast out many demons and anointed with oil many who were sick and healed them.

Luke 10:1-20: After this the Lord appointed seventy-two others and sent them on ahead of him, two by two, into every town and place where he himself was about to go. He said to them... ⁹Heal the sick in it and say to them, 'The kingdom of God has come near to you. ¹¹... know this, that the kingdom of God has come near.'¹⁷The seventy-two returned with joy, saying, "Lord, even the demons are subject to us in your name!"¹⁸And he said to them, "I saw Satan fall like lightning from heaven. ¹⁹Behold, I have given you authority to tread on serpents and scorpions, and over all the power of the enemy, and nothing shall hurt you.²⁰ Nevertheless, do not rejoice in this, that the spirits are subject to you, but rejoice that your names are written in heaven."

Acts 19:11-20: And God was doing extraordinary miracles by the hands of Paul, ¹²so that even handkerchiefs or aprons that had touched his skin were carried away to the sick, and their diseases left them and the evil spirits came out of them. ¹³Then some of the itinerant Jewish exorcists undertook to invoke the name of the Lord Jesus over those who had evil spirits, saying, "I adjure you by the Jesus whom Paul proclaims." ¹⁴Seven sons of a Jewish high priest named Sceva were doing this. ¹⁵But the evil spirit answered them, "Jesus I know, and Paul I recognize, but who are you?" ¹⁶And the man in whom was the evil spirit leaped on them, mastered all of them and overpowered them, so that they fled out of that house naked and wounded.¹⁷ And this became known to all the residents of Ephesus, both Jews and Greeks. And fear fell upon them all, and the name of the Lord Jesus was extolled. ¹⁸**Also many of those who were now believers came, confessing and divulging their practices.** ¹⁹**And a number of those who had practiced magic arts brought their books together and burned them in the sight of all. And they counted the value of them and found it came to fifty thousand pieces of silver.** ²⁰So the word of the Lord continued to increase and prevail mightily.

Common complaints:

- Intrusive thoughts
- Intrusive images
- Compulsive urges toward certain behaviors
- Unexplained fear or anxiety
- Repetitive violent/demonic dreams

Occasions for demonic incursion/oppression:

- Trauma, especially when the person's will is over-powered (abuse, violence, etc.)
- Hallucinogenic drug use (including extreme consumption of alcohol)
- Viewing or consuming dark, perverse, or pornographic images (or age-inappropriate images)
- Occult/New Age experiments/experiences



The human will is the precise point where God intersects the Soul; God and the soul touch one another Will to will by the Holy Spirit. Holy Spirit in cooperation with the human will moves and directs the Christian toward grace and glory.

1. The goal of demonic powers is to gain increasing access and control of the person's will through the mind, imagination and habitual behavior.
2. Our goal in ministry to those oppressed by demonic influences is to
 - call the person to engage his/her will against the Evil One
 - invite the person to open and yield his/her will to God
 - exercise our authority to rebuke evil spirits (including use of holy water)

Practical steps (5-10 minutes)

1. **Listen to the complaint or concern**
2. **Help the person name it as demonic (spiritual battle)**
 - "I think you may be in spiritual battle? Does that ring true to you?"
 - "This is not from God. The devil is messing with your mind."
 - "Jesus wants to relieve you of this suffering right now."
3. **Help the person to identify the entry point of demonic influence**
 - "When did this start happening?"
 - "Have you ever experimented with occult practices?"
 - See Katherine Ruch's list of demonic inroads
4. **Engage the person's will**
 - Ask the person to verbally renounce influence of the dark spirit and any practices
 - Ask the person to move his/her body as part of the prayer (in order to move the body, we must engage our wills)

Three simple ways to pray that include the body

"Close the window"

"Give the image to Jesus and see what He does with it."

"Take a big step out of the kingdom of darkness into the kingdom of light."